Young Peoples Health in Context: Health Behaviour in School-aged Children (HBSC) Study

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The Health Behaviour in School-aged Children (HBSC) study is a national health and well-being survey of young people in Canada. A 194-page report titled "Growing up unequal: gender and socioeconomic differences in young people's mental and physical health - University of" highlights the importance of understanding the social contexts in which young people develop.

Four contexts figure prominently in the lives of young people: the home, the school, their peers, and the wider social context. The Health Behaviour in School-aged Children (HBSC) study was launched to investigate these factors and their impact on young people's health and well-being.

Young people's mental and physical health is influenced by their social context (e.g., family, peer culture, school environment). The HBSC study focuses on the social context of young people's health, examining collaborative behaviours and their social context health.

This study is a key health and well-being survey of young people in Scotland, exploring gender and socioeconomic differences in young people's health and well-being.

The HBSC study in Scotland is a collaborative effort between the University of and the WHO Collaborating Centre for International Child and Adolescent Health Behaviour in School-aged Children (HBSC) Study: International Report from the 2001-2002 Survey. It highlights the importance of understanding the social contexts in which young people develop and the effect it can have on young people's health.